



GENDER AND COVID-19 TRAINING MANUAL

DESCRIPTION OF THE MODULE

This Gender and COVID-19 training module introduces the impact of COVID-19 on women/gender from a Development aspect including Health, Economic, Women Peace and Security (WPS) and Social Cohesion perspective.

With a number of gender related health issues existing in Myanmar, COVID-19 pandemic exacerbates negative impact on women and girls in different sectors including health and economic sector. In health sector, there are impacts on not only those who are seeking health services and the service providers as well. With the existing inequalities and limitations in gender perspective and health sector, women/gender can be affected by the negative consequences not only for essential health needs but also the additional burdens of COVID-19 responses.

Myanmar had a poverty rate of 24.8 percent in 2017 which was dropped from 48.2 percent in 2005. COVID-19 pandemic and containment measures led to huge impacts in economic sectors in 2020. Reduced income and minimal coping mechanisms among vulnerable households have increased the poverty rate from 6 to 11 percent by the end of 2020. The containment measures have been mainly affected the small scale, family-owned business, further increasing the vulnerability of household owning them. Women (with female-headed household) are particularly likely to be affected from the economic crisis due to the types and sectors of female employment which were directly affected by COVID-19 and disproportionate burden of household chores associated with COVID-19.

Therefore, this module includes the process of gender analysis on the impact of COVID-19 in existing health and economic sector, for meaningful engagement of women/gender in implementation of COVID-19 Economic Response Plan (CERP). The module contains: analyzing the current situation and experiences of impact of the pandemic on women/gender in health and economic sector; gender responsive Health System Strengthening of CERP; and identifying the gender specific needs to consider the most effective and feasible ways in planning and implementing.

At least 2 billion people around the world live in places impacted by fragility, conflict and violence (UNOHCHR). COVID-19 has rendered the lives of people in conflict-affected areas all the more insecure. The impact of the crisis on women in conflict-affected contexts is of particular concern. In these already tragic contexts, many women have had their access to sexual and reproductive health, livelihoods and other essential services severely restricted. Women's full, equal and meaningful participation is central to achieving sustainable solutions in peacemaking as well as in pandemic response and recovery (UN Women). Therefore, this module contains the socio-economic response to COVID-19, which must take full consideration of the serious threats the crisis casts on social cohesion and community resilience in the country (United Nations, Myanmar).

In summary, this module intends to assist in gaining knowledge of COVID-19 impact on women/gender from different points of view including health, economic, women peace and security and social cohesion, in response to COVID-19 pandemic. This module can be used by civil society organizations including women groups, networks and organizations who are working for gender, peace and human rights issues in providing trainings for COVID-19 impact on women/gender and gender-responsive policies and intervention in response to COVID-19.

The module package includes presentation, supporting document for group exercise, and facilitator guide. The facilitator guide contains explanation of step-by-step guide to deliver the training and provided time allocation for each session. The user can adjust the content of the module according to the organizational and participants' requirement.

OBJECTIVES OF THE MODULE

Enhance knowledge of gender and development
Learn the impact of COVID-19 & Gender in health & economy sector
Enhance awareness of the importance of inclusion WPS/ Social cohesion for effective COVID-19 response
Gain knowledge on the government's COVID-19 Economic Response Plan (CERP), and how to respond with Gender perspectives

LEARNING SESSIONS

Session 1	Impacts of COVID-19 on women/gender and development
Session 2	Health and Economic impacts and implications of COVID-19 on women in global and national level
Session 3	Brief introduction the government's CERP and feasible gender sensitive responses for WPS/Social cohesion
Session 4	Introduction feasible gender sensitive responses and measures in COVID-19 Response Plan

SESSION 1: IMPACTS OF COVID-19 ON WOMEN/GENDER AND DEVELOPMENT

Required materials: PowerPoint Presentation

Duration: 1 hour

Session objectives

To better understand gender and development linkage

To realize COVID-19 affects women and men in different ways.

Session plan

Part	Duration	Activity	Method and Materials
1	30 Min	Development indicators and gender equality issues in Myanmar	Brainstorm discussion Quiz Presentation
2	30 Min	COVID-19, Sustainable development, and gender equality	Presentation Inter-active discussion

Activity 1 - Development indicators and gender equality issues in Myanmar (PowerPoint slides no. 7 to 22)

Step 1	Briefly share the objectives of the session (with shared screen).
Step 2	Ask participants “ <i>What is development?</i> ” and allow 5-6 participants time to give their views. Note them down and encourage sharing different views if the discussions need to cover a range of development levels (if the participants identify only one or two development level).
Step 3	<p>Present 5 stages of development and explain that this development occurs in 5 stages:</p> <ul style="list-style-type: none"> Individual Family Society Organization/institution State <p>Highlight that:</p> <p>We may consider that there is ‘development’ when there are positive changes Development areas are inter-related and inter-dependent each other The development of individual women and men, girls and boys, and other minorities including disabilities are very important</p>

Step 4	Wrap up their discussion points on how each of these represent an area of development.
Step 5	Explain the indicators to illustrate the progress or positive changes of an area/initiative. Highlight the discussion points and identify which points represent which indicator of development area.
Step 6	Ask the participants to identify indicators for each area of development. Highlight some quantitative and qualitative indicators for selected sectors such as Health, Education, Employment, Decision-Making.
Step 7	Explain that women and men have different experiences due to gender roles, societal norms, traditions, customs, culture, value, legal protection, discrimination, etc. These factors lead to unequal power relation, access to and control over resources, and result in inequality between women and men. Achieving and promoting gender equality and empowerment of women and girls are crucial to accelerating sustainable development. Eradicating all forms of discrimination against women and girls is not only a basic human right, but it also has a multiplier effect across all other development areas.
Step 8	Present Gender Development Index (GDI) and Gender Inequality Index (GII) to measure gender equality. Highlight 5 sectors/areas to pay attention for promoting gender equality and women’s empowerment: Health Education Empowerment (Decision making) Labour force participation Violence Against Women
Step 9	Conduct a quiz to on the situation of women and girls and bring attention to the importance of gender equality for sustainable development. (answers are given below)
Step 10	Ask the participants for feedback and wrap up.

Answers for quiz in step 9:

Slide no. 18: 282	Slide no. 19: 87%	Slide no. 20: 12%	Slide no. 21: 101	Slide no. 22: 51%
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Activity 2 – COVID-19, Sustainable Development & Gender Equality (PowerPoint slides no. 24 to 33)

Step 1	Introduce COVID-19 and sustainable development with gender equality perspectives.
Step 2	Let participants brainstorm what would be the impact on Women and Gender from COVID-19.
Step 3	Interactive discussion with participants on <i>Impacts of COVID-19 on Women/Gender</i> with global, regional, and Myanmar statistics with the focus of economy, health, unpaid care work, migrants and violence against women and girls.

Step 4 Brief presentation on the impacts of COVID-19 on sustainable development (gender equality, women & girls, unpaid care works, migrant)

SESSION 2: ISSUES AND CHALLENGES OF COVID-19 IMPACT ON WOMEN/GENDER IN HEALTH AND ECONOMIC SECTOR

Required materials: PowerPoint Presentation

Duration: 1 hour

Session objectives

To understand COVID-19 impact on women/gender in health and economic sector, global and Myanmar

To realize inclusion of gender/women into health and economic responses is important to mitigate impacts of COVID-19

Session plan

Part	Duration	Activity	Method and Materials
1	30 Min	Power Point Presentation on existing situation and issues related to COVID-19 impact on women/gender in health sector globally and in Myanmar (20 mins) Questions and answers (10 mins)	Presentation
2	30 Min	Power Point Presentation on existing situation and issues related to COVID-19 impact on women/gender in economic sector globally and in Myanmar (20 mins) Questions and answers (10 mins)	Presentation

Activity 1 – The existing situation and issues related to COVID-19 impact on women/gender in health sector (PowerPoint slides no. 34 to 42)

Step 1	Present <i>Gender and COVID-19 impact: Global and Regional situation.</i>
Step 2	Present <i>Gender and COVID-19: Impact on Health Sector in Myanmar</i> , which will covers the country's health data, accessibility to health services, health infrastructure, gender norms, gender-based violence, and women's double burdens.
Step 3	Ask participants to share their experiences, followed by Q&A.

Activity 2 – The existing situation and issues related to COVID-19 impact on women/gender in Economic sector (PowerPoint slides no. 34 to 42)

Step 1	Introduce the global snapshots and impacts of COVID-19 in economic sector in general.
Step 2	Explain the situations of women's economic and productive lives affected by COVID-19 with statistical information on job loss and social protection and such.

Step 3	Elaborate how COVID-19 is affecting women in informal and formal sector differently as well as the rise of gender-based violence due to COVID-19.
Step 4	Present how COVID-19 is a serious threat to women working in different sectors in the Mekong sub-region.
Step 5	Share the World Bank's Myanmar economic monitor report 2020 by highlighting the transmission channels and pressure on firms in various situations.
Step 6	Present overall women's economic activities in Myanmar by emphasizing the impact of COVID-19 on women's lives and livelihoods.
Step 7	Discuss how women are disproportionately affected by the crisis based on the findings of the rapid gender analysis of COVID-19 in Myanmar.
Step 8	Ask the participants to share their experiences and wrap up the session.

SESSION 3: WOMEN, PEACE AND SECURITY AND SOCIAL COHESION

Required materials: PowerPoint Presentation

Duration: 30 minutes

Session objectives

To promote the knowledge about the importance of integration of Women Peace and Security (WPS) and social cohesion into the effective response of COVID-19

Session plan

Part	Duration	Activity	Method and Materials
1	15 Min	PowerPoint Presentation on the key elements of WPS/Social cohesion	Presentation Interactive discussion Quiz
2	15 Min	PowerPoint Presentation on challenges and issues on WPS/Social cohesion in Myanmar	Presentation

Activity 1 – The key elements of WPS/Social cohesion (PowerPoint slides no. ppt. no. 55 to 68)

Step 1	Conduct a quiz that will help explain the position of women in decision making and peace building process. Answer are given below.
Step 2	Ask participants what they understand by “WPS and social cohesion’ and collect a couple of answers. Explain to participants' the importance for understanding key elements of WPS and social cohesion, and its linkage to promote sustainable peace.
Step 3	Present the key elements of WPS and social cohesion: 3Ps, 1R of WPS (protection, prevention, participation, relief & recovery), and the three components of social cohesion: social relationships connectedness orientation towards the common good Equality

Answers for quiz in step 1:

Slide no. 58: 12%	Slide no. 59: 10%	Slide no. 60: 30%	Slide no. 61: 17%	Slide no. 62: 33%
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Activity 2 – The challenges and issues on WPS/Social cohesion in Myanmar (PowerPoint slides no. 69 to 74)

Step 1	Present Gendered COVID-19: WPS/Social cohesion in Myanmar and highlight the 6 key issues and challenges that are affecting differently to women and girls.
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Step 2	Present <i>International treaties and national plans (WPS)</i> to explain WPS related international treaties signed by the government, obligations, and national agenda committed by the government.
Step 3	Ask feedback from the participants and wrap up the session.

SESSION 4: ECONOMIC IMPACTS AND IMPLICATIONS OF COVID-19 ON WOMEN IN GLOBAL AND NATIONAL LEVEL

Required materials: PowerPoint Presentation

Duration: 1 hour

Session objectives

To gain knowledge on global economic recovery measure with gender responsive policies and interventions

Session plan

Part	Duration	Activity	Method and Materials
1	15 Mins	Sharing global economic responses to COVID-19	Presentation
3	45 Mins	Sharing the government's COVID-19 Economic Response Plan (CERP) with gender perspectives and tools to consider for responsiveness and group work on the Goal 6 – Health sector as an example.	Interactive discussion

Activity 1 – Sharing global economic responses to COVID-19 (PowerPoint slides no. 75 to 90)

Step 1	Share the global response of COVID-19.
Step 2	Share the COVID 19 Economic Relief Plan- CERP which is planned and implemented in response to COVID-19 in Myanmar with examples.
Step 3	Share the government's COVID-19 response and explain the general recommendations of economic recovery measures with gender responsive policies and interventions by using CERP as an example.
Step 4	For Gender responsive recommendations for COVID-19 response, explain each goal of CERP.

Activity 2 – Discussion on gender responsive policies and interventions in response to COVID 19 based on Goal 6- Health sector of COVID-19 Economic Relief Plan- CERP (PowerPoint slides no. 91 to 93)

Step 1	Discuss the gender responsive recommendation by using Goal 6 of CERP - Health sector – as an example. The facilitator can replace this with any other section which she/he feels is important relevant for the participants and community.
Step 2	Divide the participants into 4 groups and assign each with goals to discuss within their groups for 30 minutes: Group 1: Goals 1 and 2 Group 2: Goals 3 and 4

	<p>Group 3: Goals 5 and 6 Group 4: Goal 7</p> <p>The topic to discuss in the group work are:</p> <p>Where we are? What can we do? How can we do? What resources we need? Based on the recommendations discussed in step 1 for Health sector.</p>
Step 3	<p>Invite each group presenter for 5 minutes to present about their discussion to the big group. Based on the presentation, invite other groups to comment, suggest, add on the discussion of gender responsive action.</p>
Step 4	<p>After group discussion, ask all participants “who is responsible for gender mainstreaming?”. Based on the discussion, explain the responsibilities shared by all stakeholders, commitments from senior leaders, persons who are responsible for programs, projects, M&E policies, observation, implementation, designing, the resources (e.g., human resources, time, financial resources) needed to mainstream gender in all sectors and summarize the training.</p>

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