

# RESPECT WOMEN

Prevene violéncia  
kontra feto



**KOICA**  
Korea International  
Cooperation Agency



**Spotlight  
Initiative**  
*To eliminate violence  
against women and girls*



# AVALIA RISKU & FATÓR PROTETIVU<sup>1</sup>



SOSIETÁRIU	KOMUNIDADE	INTERPESOÁL	INDIVIDUÁL
Lei diskriminatóriu kona-ba propriedade, kaben, divórsiu no kustódiu oan	Norma jéneru prejudisiál ne'ebé tane priviléjiu mane no halimita feto nia dezigualdade autonomia	Nivel aas hosi iha relasaun/ relasaun mane mak kontrola/ dependénsia ba parseiru	Esperiénsia violénsia nu'udar labarik no/ ka espozisaun ba violénsia iha família
Nivel menus hosi feto nia empregu no edukasaun	Nivel aas hosi pobreza no dezempregu	Mane nia relasaun seksuál multiplu	Dezorden mentál
Auzénsia ka falta ezekusaun lei	Taxa aas hosi violénsia no krime	Mane nia uzu droga no uzu normál ka alkol halo aat	Atitude ne'ebé apoia ka justifika violénsia hanesan aseitavel
Ne'ebé hatán ba violénsia kontra feto	Disponibilidade drogas, alkol no sasán kro'at		
Diskriminasaun jéneru iha instituisaun (n.e. polísia, saúde)			

# AVALIA RISKU & FATÓR PROTETIVU<sup>1</sup>



SOSIETÁRIU	KOMUNIDADE	INTERPEOÁL	INDIVIDUÁL
<p>Lei ne'ebé:</p> <ul style="list-style-type: none"><li>• Promove igualdade suporta naun jéneru</li><li>• Promove fetonia asesu ba ba jéneru, no empregu formál</li><li>• Hatán ba violénsia kontra fetonia</li></ul>	<p>Normas ne'ebé violénsia no relasaun ekuitavel promove hakbiit fetonia</p>	<p>Relasaun íntimu karakterizada hosi igualdade jéneru, inklui iha prosesu halo desizaun no responsabilidade uma-laran ne'ebé fahe</p>	<p>Naun-espozisaun ba violénsia iha família</p> <hr/> <p>Edukasaun sekundeáriu ba fetonia no mane no disparidade menus iha nivel edukasaun entre fetonia no mane sira</p> <hr/> <p>Mane no labarik-manee, fetonia no labarik-fetonia sosializa, atu iha atitudade ekuitavel ba jéneru</p>



R E S P E C T

**IMPLEMENTA**  
**7** **ESTRATÉGIA**  
ATU **PREVENE**  
**VIOLÊNCIA**  
KONTRA FETO<sup>2</sup>

## → **RELASAUN ABILIDADE HAFORTE**

refere ba estratéjia orienta ba individuál ka grupu feto, mane ka pár sira atu hadi'ak abilidade sira iha komunikasaun interpesoál, jestaun konflítu no halo desizaun hamutuk.

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## → **EMPODERAMENTU BA FETO**

refere ba empoderamentu ekonómiku no sosiál inklui eransa no na'in ba propriedade, mikrofinansas hamutuk ho intervensaun treinamentu jéneru no empoderamentu, asaun koletivu, kriaun espasu seguru no mentoria atu hasa'e kapasidade sira iha auto-efikásia, assertividade, negosiasaun no fiar an.

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## → **SERVISU GARANTE**

refere ba servisu oioin inklui servisu polísia, legál, saúde no sosiál fornese ba sobrevivente sira.

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## → **POBREZA HAMENUS**

refere ba estratéjia orienta ba feto ka umakain ho objetivu prinsipál atu hamenus kiak hosi transferénsia osan, rai-osan, emprestimu mikrofinansas, intervensaun forsa traballu.

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## → **AMBIENTE HALO SEGURU**

refere ba esforsu sira atu kria eskola, fatin públiku no ambiente servisu seguru, entre seluk tan.

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## → **PREVENSAUN ABUZU LABARIK NO ADOLEXENTE**

refere ba estabelese relasaun família pozitivu, halo bandu kastigu fíziku, no implementa programa parentalidade hanesan temi iha INSPIRE - 7 strategies for preventing violence against children.

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## → **TRANSFORMASAUN BA ATITUDE, FIAR, NO NORMA SIRA**

refere ba estratéjia ne'ebé dezafia atitude, fiar, norma, no estereótipu jéneru ne'ebé tane aas priviléjii mane no subordenaun feto, ne'ebé justifika violénsia kontra feto no estigmatiza sobrevivente sira. Hira-ne'e bele inklui kampaña públiku, edukasaun grupu no esforsu mobilizasaun comunidade.

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# AVALIA EVIDÊNCIA HOSI INTERVENSAUN<sup>3</sup>

## LEGENDA<sup>4</sup>



prometedór, >1 avaliasaun hatudu redusaun boot ba rezultadu relasiona ho violénsia



presiza evidénsia tan, > 1 avaliasaun hatudu melloria ba rezultadu intermediatu relasiona ho violénsia



kontrariu, avaliasaun hatudu rezultadu kontráriu iha redusaun violénsia<sup>5</sup>



laiha evidénsia, intervensaun seidak iha avaliasaun rigorozu



inefektivu, >1 avaliasaun hatudu laiha redusaun ba rezultadu violénsia

**H**

Banku Mundiál País Rendimentu Aas (HIC)

**L**

Banku Mundiál País Rendimentu Menus no Médiu (LMIC)

## RELASAUN ABILIDADE HAFORTE

Kolókiu ba grupu feto no mane atu promove atitude no relasaun igualitária



Akonsellamentu no terapia ba kaben-na'in no pár sira



## EXAMPLE

Kolókiu ba Grupú sira Iha períodu tinan-rua liutiha implementasaun hosi Stepping Stones iha África Súl ho partisipante feto no mane idade tinan 15–26, mane iha probabilidade menus atu halo violénsia parseiru íntimu, violasaun seksuál no seksu tranzasionál iha grupu intervensaun kompara ho baze referénsia.<sup>x</sup>

## EMPODERAMENTU BA FETO

Treinamentu empoderamentu ba feto no labarik-feto inklui abilidade moris, espasu seguru, mentoria



Polítika no intervensaun kona-ba eransa no na'in ba propriedade



Mikro-finansas ka rai no empresta osan ho komponente treinamentu Jéneru no empoderamentu



### EXAMPLE

Mikrofinansas ho géneru No empoderamentu IMAGE project (Intervensaun ho Mikrofinansas ba SIDA no Ekuidade Jéneru) iha Áfrika Súl hakbiit feto liuhosi microfinance together with treinamentu kona-ba jéneru, podér no atividade mobilizasaun comunidade. Estudu hatudu redusaun ba violéncia doméstika 50% iha grupu intervensaun ba período tinan-rua. Iha US\$244 kada kazu insidente violéncia parseiru prevene durante faze eskalasaun intervensaun kustu-efetivu tebes.<sup>w</sup>

## SERVISU GARANTE

Intervensaun akonsellamentu ba empoderamentu ka apoiu psicolójiku hodi suporta asesu ba servisu sira (i.e. advokasia)



Intervensaun prevensaun abusa alkohol



Uma-mahon



Liña-telefónika



Sentru fatin-ida ba krize



Intervensaun ho autór



Intervensaun ho autór



Rastreatmentu iha servisu saúde



Sensibilizasaun no treinamentu ba pesoál instituisaun laho mudansa ba ambiente institusionál



### EXAMPLE

Advokasia ba sobrevivente Community Advocacy Project iha Michigan no Illinois, Estados Unidos, mak programa bazeia-ba-evidéncia dezeñada atu tulun feto sobrevivente hosi abuzu parseiru íntimu atu hetan fali kontrole ba sira-nia moris. Advogadu treinadu fornese advokasia no asisténsia adapta individualmente ba sobrevivente atu sira bele hetan asesu ba rekursu comunidade no apoiu sosiál. Intervensaun ne'e hatudu redusaun ba rekorrénsia violéncia no depresaun no hadi'ak kualidade moris no apoiu sosiál. Tinan rua liutiha intervensaun nia ikus mudansa positiva kontinua.<sup>y</sup>

## POBREZA HAMENUS

Transferénsia ekonómiku, inklui transferénsia osan kondisionál/ inkondisionál ho kupon no transferénsia em espésie



Intervensaun forsa traballu inklui polítika empregu, treinamentu buka-moris no empregu



Intervensaun mikrofinansas ka rai-osan laho komponente adisionál s



### EXAMPLE

Transferénsia ekonómiku Iha Ekuadór Norte, programa transfere osan, kupon no ai-han implementa liuhosi Programa Ai-han Mundiál (WFP) mak orienta ba feto iha área urbana kiak, ho objetivu atu hamenus kiak. Umakain sira simu transfere fulan-fulan hanesan \$40 kada fulan durante fulan 6 nia laran. Transferénsia mak kondisionál ba partisipasaun iha treinamentu nutrisaun kada fulan. Avaliasaun hatudu redusaun ba feto nia esperiénsia hahalok kontrole, violénsia física no/ka seksuál liuhosi parseiru íntimu tuny 19 to'o 30%. Mekanizmu provavel ba ida-ne'e mak konflítu menus entre kaben-na'in no pár sira kona-ba kiak. <sup>P</sup>

## AMBIENTE HALO SEGURU

Infraestrutura no transporte



Intervensaun ba sasin-lurón



Intervensaun Eskola-Tomak



## PREVENSAUN ABUZU LABARIK NO FOINSA'E

Vizita ba umakain, estensaun traballador saúde



Intervensaun parentalidade



Intervensaun apoiu psikososiál ba labarik sira ne'ebé esperiénsia violénsia no haree violénsia parseiru íntimu Kurrikulu bazeia-ihá- eskola / treinamentu abilidade moris, violasaun seksuál no namoru prevensaun violénsia

### EXAMPLE

Iha Ekuadór Norte, programa transfere osan, kupon no ai-han implementa liuhosi Programa Ai-han Direitu atu halimar - prevene violénsia entre no kontra labarik iha eskola Iha Hyderabad (Provínsia Sindh), Pakestaun, intervensaun direitu atu halimar halolo ba labarik sira iha eskola públika 40. Labarik-mane no feto partisipa iha aprendizajen bazeia-ba-halimar ne'ebé fó biban ba sira atu dezenvolve abilidade moris hanesan fiar-an, komunikasaun, empatia, hasoru emosaun negativu, reziliénsia, kooperasaun, lideransa, hanoín kítiku no rezolusaun konflítu ne'ebé tulun atu kombate konflítu, intoleránsia, diskriminasaun jéneru no violénsia pár nian. Avaliasaun hatudu redusaun ba vitimizasaun pár tun 33% entre labarik-mane no 59% entre labarik-feto iha fulan 24 liutiha intervensaun; ba kastigu físiku tun 45% ba labarik-mane no 66% ba labarik-feto; no ba sai sasin ba violénsia doméstika tun 65% entre labarik-mane no 70% ba labarik-feto. <sup>o</sup>



# TRANSFORMASAUN BA ATITUDE, FIAR, NO NORMA SIRA

Mobilizasaun komidade



Kolókiu ba grupu fetu no mane atu promove mudansa ba atitude no norma sira



Promosaun sosiál ka edutenamentu no edukasaun grupu



Edukasaun iha grupu mane no labarik-mane atu muda atitude no norma sira




Kampaña konxensializasaun úniku/ kampaña komunikasaun komponente ida-de'it





## EXAMPLE


Mobilizasaun Komidade SASA! nu'udar intervensaun komunitária Uganda ne'ebé prevene violénsia ontra fetu liuhosi muda balansu podér entre mane no fetu iha relasaun. Estudu sira hatudu katak iha komidade SASA! 76% hosi fetu no mane fiar katak violénsia fízika kontra parseiru mak la aseitavel enkuantu 26% de'it hosi fetu no mane iha komidade kontrole fiar hanesan. Ho kustu \$460 kada kazu insidente ba violénsia parseiru ne'ebé prevene iha faze prova, intervensaun mak kustu-efetivu no ekonomia sira bele realiza durante eskalasaun programa. <sup>v</sup>


## LEGENDA<sup>4</sup>

 prometedór, >1 avaliasaun hatudu redusaun boot ba rezultadu relasiona ho violénsia

 presiza evidénsia tan, > 1 avaliasaun hatudu melloria ba rezultadu intermediatu relasiona ho violénsia

 kontrariu, avaliasaun hatudu rezultadu kontráriu iha redusaun violénsia <sup>5</sup>

 laiha evidénsia, intervensaun seidak iha avaliasaun rigorozu

 inefektivu, >1 avaliasaun hatudu laiha redusaun ba rezultadu violénsia

**H** Banku Mundiál País Rendimentu Aas (HIC)

**L** Banku Mundiál País Rendimentu Menus no Médiu (LMIC)

AVALIA  
EVIDÉNSIA HOSI  
INTERVENSAUN

# APLIKA PRINSÍPIU ORIENTADÓR BA PROGRAMA EFETIVU

## VALOR FUNDAMENTAL SIRA

- 1 TAU FETO NIA SEGURANSA ULUK NO LA HALO AAT**  
Asegura konfidensialidade informasaun no antesipa no hatán ba konsekuénsia la pretendidu
- 2 PROMOVE IGUALDADE GENERO NO DIREITUS UMANUS FETO NIAN**  
Asegura katak análise kona-ba priviléjiu mane liu feto mak iha programasaun nia klaran
- 3 LA HUSIK EMA IHA KOTUK**  
Hatán ba forma multiplu no interseksionál hosi diskriminasaun bazeia ba seksu, jéneru, klase, rasa, etnisidade, defisiénsia, orienta seksuál, identidade jéneru

## PRODUS NO DEZAMINA KOÑESEMENTU

- 4 DEZENVOLVE TEORIA MUDANSA**  
Elabora oinsá entrada programasaun sei hamosu mudansa ba rezultadu intermediáriu no impaktu provavel
- 5 PROMOVE PROGRAMASAUN INFORMADA HOSI EVIDÉNSIA**  
Haforte sistema monitorizasaun no avaliaun atu harii baze evidénsia kona-ba buat ne'ebé serbí no fasilita fahe koñesimentu atu informa programasaun

# APLIKA PRINSÍPIU ORIENTADÓR BA PROGRAMA EFETIVU

## DEZEÑU BA PROGRAMA

### 6 UZA ABORDAGEM PARTISIPATÓRIU

Estimula reflesaun pesoál no hanoín kítiku, no harii hosi lian, ajénsia no ema nia abilidade.

### 7 PROMOVE KOORDENASAUN

Suporta parséria entre setór no organizasaun, no iha nivel lokál no nasional

### 8 IMPLEMENTA INTERVENSAUN KOMBINADU

Fasilita programasaun koletivu ho individuál, família no comunidade atu hatán ba fatór risku multiplu subjásente ba VAW no forma multiplu hosi violénsia iha família laran.

### 9 HATÁN BA KONTINUUM PREVENSAUN

Liga intervensaun prevensaun no resposta

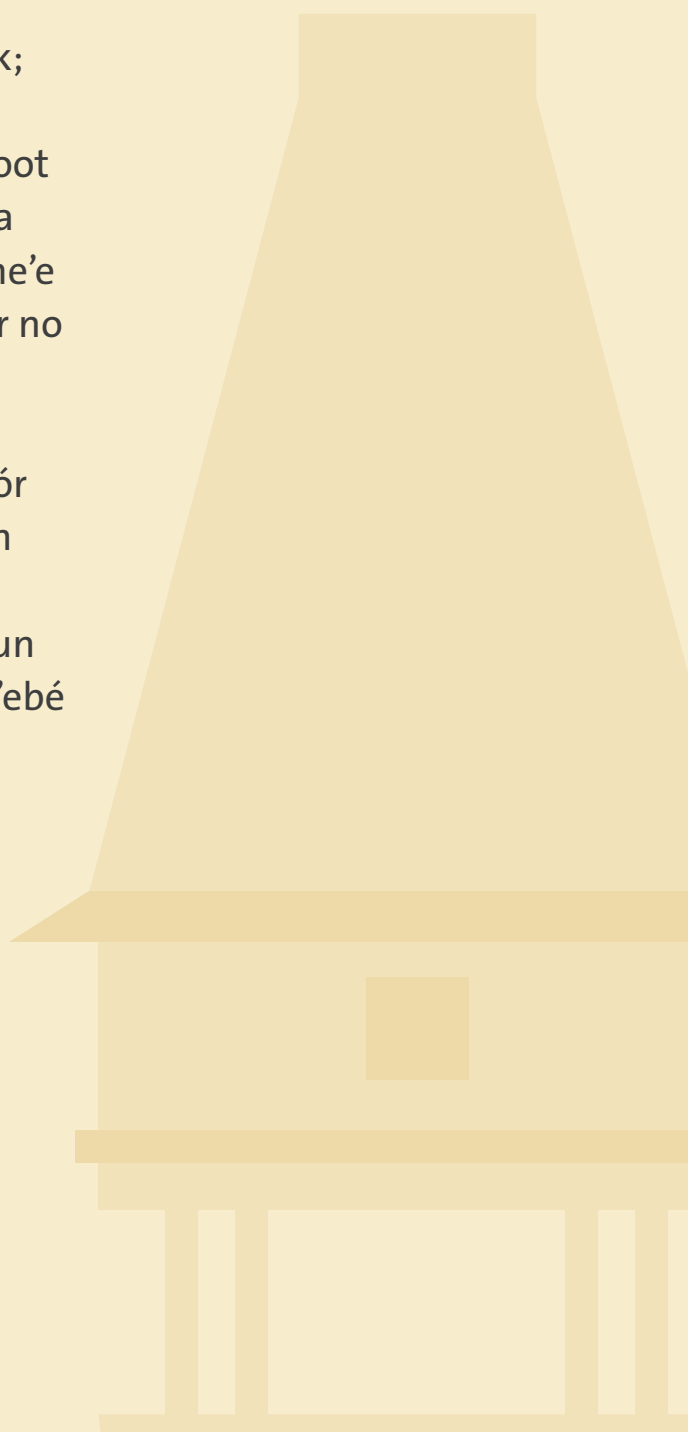
### 10 ADOPTA ABORDAGEM DALAN-MORIS

Implementa programa ne'ebé servisu ho labarik, adolexente no joven sira ba intervensaun sedu

# ADAPTA NO **ESKALASAUN** BUAT NE'EBÉ SERBÍ

Intervensaun prevensaun violénsia ne'ebé hatudu atu hetan rezultadu iha pilotu bele halo eskalasaun tuir dalan oioin. Sira bele habelar liuhosi aumenta benefisiáriu; bele adapta no halo fali iha fatin jeográfiku seluk; no bele iha expansaun ba kobertura hosi intervensaunhanesan iha área jeográfiku boot liu. Intervensaun ne'ebé halo eskalasaun iha fatin foun presiza adapta ba kontestu. ida-ne'e presiza komprensaun kona-ba kultura, valór no rekursu lokál.

Intervensaun identifika hanesan prometedór (pájina 6- 9) bele adapta no halo eskalasaun ho atensaun ba prinsípiu orientadór ba prevensaun no konsiderasaun ba adaptasaun no eskalasaun iha pájina tuirmai; hirak-ne'ebé klasifika hanesan “presiza evidencia tan” (pájina 6-9) bele presiza replikasaun ka refina tan antes halo eskalasaun; no hirak ne'ebé identifika hanesan “kontráriu” ka “laiha evidénsia” presiza avaliaun tan.





**Aliña ho kompromisu nasionál** (n.e. planu, política estratéjia nasionál) atu hapara violénsia kontra feto, ka atu promove igualdade jéneru ka saúde feto nian.<sup>7</sup>

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**Identifika no kumpre prinsipiu sentrá** hosi igualdade jéneru, direitus no seguransa no mós “dosajen” minimu, bainhira mós adapta ba kontestu, inklui lian no kultura.

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**Programasaun ba sinergia**, kombina estratéjia no intervensaun multiplu iha nivel individuál, interpesoál, comunidade no sosietáriu ba impaktu sustenta.

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**Investe ba kapasidade entre implementadór**, no fó tempu natoon ba eskalasaun no atu loke dalan ba mudansa atu mosu no sustenta.

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**Harii hosi iniciativa kontinua**, integra atividade prevensaun sira iha programa saúde, desenvolvimentu no setorál seluk tan ne'ebé iha.

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**Dezeña ho “eskala” iha neon**, investe ba longu-prazu, ho hanoin ba kustu no sustentabilidade.

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**Hahú ki'ik, dokumenta no avalia** adaptasaun no eskalasaun atu bele halo inovasaun no haforte programasaun informadu hosi evidénsia.

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**Suporta comunidade prátika** entre desenvolvidór no implementadór programa sira atu fasilita aprendizajen no fahe koñesimentu.

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## CITATIONS AND ADDITIONAL REFERENCES

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## ENDNOTES

1. These are for both perpetration of and victimization from intimate partner violence (IPV)
2. The 7 strategies are not mutually exclusive, should not be seen as silos, and there are some overlaps across them.
3. Although specific interventions and their examples are listed under one particular strategy, it is important to note that many of them reflect combination/bundled programming with multi-component and multi-level interventions that fall across more than 1 of the 7 strategies of RESPECT. Their categorization under one strategy reflects the primary intent of the intervention. For example, some interventions under transforming norms also include relationship strengthening skills. Likewise, empowerment of women interventions may include an economic transfer component. Therefore, these strategies should not be seen as stand-alone but as approaches whose impact may be better enhanced in combination with others.
4. Evidence ratings are largely derived from systematic reviews of more than 1 evaluation of interventions that mostly use experimental designs including randomized, cluster randomized and quasi-experimental methods. It is recognized that for some strategies such as justice sector interventions, alternative evaluation methods may be more appropriate including time series, observational and cross-sectional designs despite being typically considered lower quality. This is an emerging field and hence, there is a great deal of variation in rigor of study design and evaluation. The sources for these reviews and studies are provided as part of references.
5. Refers to evaluations where some studies may show positive impacts and others may show no impacts or negative impacts, highlighting that the impact of interventions may be context specific. Hence, any replication or adaptation of the intervention must pay close attention to the contextual or implementation factors.
6. This includes laws and policies that: criminalize sexual abuse; promote equality in inheritance; ban child marriage and FGM; marriage, custody and divorce laws that guarantee equality for women; action plans that promote gender equality and address violence against women. It also includes implementing justice and law enforcement services such as arrest orders and legal aid.
7. Even where there is no national commitment to ending violence against women, there may be other commitments to empower women, to gender equality, or to women's health that may be useful to consider.



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