

HEAR ME TOO

ให้สัมผัสเป็นตัวแทนของความกล้า
เพื่อที่จะแชร์เรื่องราวของคุณ

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The UN Women Regional Office for Asia and the Pacific, UN Women Thailand and J. Walter Thompson creative agency (WPP Marketing Communications) kicked off the #HearMeToo campaign in Thailand on 26 November with a digital campaign offering an interactive 360° immersive experience... [Read more](#) ▶

UN WOMEN ASIA AND THE PACIFIC NEWSLETTER | 16 DAYS OF ACTIVISM SPECIAL EDITION



This year, UN Women and partners around the world commemorated the 16 Days of Activism against Gender-Based Violence (25 November – 10 December) under the theme of “Orange the World: #HearMeToo”. Coming on the heels of global movements and grassroots campaigns such as ‘#MeToo’, “#มีอะไรจะบอก”, “#ItHappenedToMeToo”, “#TimesUp”, #MeTooIndia and “HollaBack!”, the 16 Days of Activism was a rallying moment to bring together governments, communities, survivors, activists and the public through high-visibility events, using the signature colour orange.

Events and activities focused on storytelling, be it live listening events or through videos, podcasts, exhibitions

and performances. As in previous years, iconic buildings and monuments were also ‘oranged’ to call for a violence-free future. Citizens of Asia and the Pacific stood in solidarity with survivors and advocates in events around the world, including in billboards, online and offline community dialogues, cartoons at a refugee camp, rugby matches, flashmobs on streets and other events at sports stadiums, art galleries, schools and universities in: Afghanistan, Bangladesh, Cambodia, China, Fiji, India, Indonesia, Japan, Kiribati, Lao PDR, Myanmar, Nepal, Pakistan, Papua New Guinea, Samoa, Singapore, Solomon Islands, Sri Lanka, Thailand, the Philippines, Timor-Leste, Tonga, Vanuatu and Viet Nam... [Read more](#) ▶



ASIA-PACIFIC: Survivors must be heard, believed and supported, and new action is needed more than ever to prevent and respond to violence against women and girls in Thailand and beyond. That was the key message underscored through deeply personal and powerful stories shared by survivor activists to commemorate the International Day for the Elimination of Violence against Women at E.Quality Talks events in Bangkok, Thailand. Two exhibitions were also launched: Cindy Bishop’s #DontTellMeHowToDress exhibit, which displayed the clothes survivors and victims of violence wore when they were assaulted, challenging the notion that women’s appearance and behaviour are to blame; and “ThaiConsent”, with sharp illustrations by Wipaphan Wongsawang, who uses her visual design skills to illustrate the stories that readers share... [Read more](#) ▶

AFGHANISTAN: UN agencies in Afghanistan joined forces to “orange” the Queen’s Palace in Bagh-e Babur, Kabul City to recognize women’s role in the country. Through the 16 days, #MeTooAfghanistan emerged in support of women who had chosen to come forward from isolation to sisterhood by exposing the perpetrators of sexual harassment and sexual abuse. In partnership with Art Lords, and together with UN agencies, UN Women created the #MeTooAfghanistan mural in support of Afghan women and girls. A range of activities, such as poetry nights, live painting, street theatre, animated film screenings and solidarity walks were organized in Afghanistan throughout the 16 Days of Activism... [Read more](#) ▶



BANGLADESH: Outreach initiatives in Bangladesh included a HeForShe Gender Fair and Photography competition on breaking gender stereotypes at the Independent University of Bangladesh. At Shoparjito Shadhinota, Dhaka University Campus, UN Women and 12 civil society organizations participated in various cultural activities, including street theatre skits, dance and musical performances. The ceremony was opened by prominent women's rights activist Ayesha Khanom, with speeches from youth advocates and a poem by a rape survivor on her own story of fight and triumph. At the Rohingya refugee camp in Cox's Bazar, the "Femitoons" cartoon exhibition was displayed and visitors could buy products made by refugees. Meanwhile, Rohingya men and boy refugees at Cox's Bazar joined a silent march to end gender-based violence... [Read more](#) ▶



CAMBODIA: UN Women and the UN Country Team in Cambodia stood in solidarity with survivors of gender-based violence and committed to ending violence in all its forms during the Sustainable Development Goals Leadership Lab. All colleagues showed their support by wearing orange and writing commitments. UN Women Cambodia also supported a number of awareness-raising events in cities and villages, such as an Ambassadors Dialogue, a "Break the Silence" event, self-defence workshops, sports activities, exhibitions and more... [Read more](#) ▶



CHINA: The UN compound in China was lit in orange to kick off this year's campaign. During the launch event, the UN Women China gave opening remarks and shared background, facts and data on eliminating gender-based violence in China, as well as the Chinese poster of this year's theme and 16 "things to do". The event was attended by 80 guests, including media. The campaign was followed by 16 local influential key opinion leaders and celebrities who called for people's participation in the online campaign. So far, the clicking and discussion of the hashtags #orangetheworld and #16days have reached over 35 million. Five celebrities were also invited for the campaign poster photo shoot and they shared the poster through their own social media accounts... [Read more](#) ▶



FIJI: The Pacific Partnership to End Violence against Women and Girls was launched during the 16 days, bringing together governments, civil society, communities and other partners to promote gender equality, prevent violence against women and girls, and increase access to quality response services for survivors. The UN Women Fiji MCO and UNFPA led a Learning Session on Violence against Women and Girls with UN staff. Fiji's House of Sarah coordinated leaders from nine faith and cultural groups to produce an inspirational multimedia campaign advocating for an end to violence against women and girls. It featured television and cinema advertising, posters and calendars, with faith group leaders each proclaiming: "My faith says 'no' to rape and violence against women and children"... [Read more](#) ▶

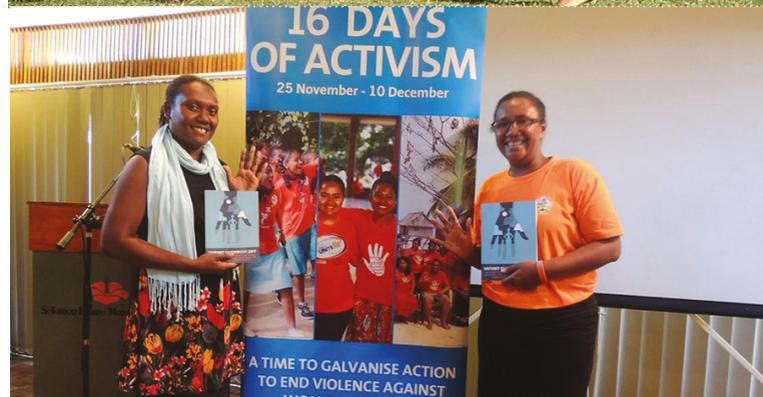


KIRIBATI: A public rally and street march to commemorate the 16 Days of Activism and Human Rights Day in Kiribati attracted an estimated 100 people. Through the Ministry of Women, Youth, Sport and Social Affairs, the Kiribati Government launched the Kiribati Standard Operating Procedures for Gender-Based Violence Response, in partnership with the SafeNet network of government and non-government frontline service-providers and UN Women. The document outlines a roadmap for government and non-government entities to work together to provide services for survivors... [Read more](#) ▶

SAMOA: The All Saints Anglican Church in Apia held a special sermon and reflection entitled “Break the Silence Sunday,” led by Reverend Maiava Iulai Toma. At a special event, the Samoa Chamber of Commerce and Samoa private sector called on all business people to increase their commitment to stop the harassment of women in the workplace. Moreover, a national youth rugby competition was held with 19 teams participating, nine of which were all-female. The inaugural competition on the island of Savaii was coordinated by the Samoa Rugby Union and Oceania Rugby, with sponsorship from Tradepac Company Limited, Bluesky and support from UN Women. The hope is to create an “equal playing field” in the world of rugby... [Read more ►](#)



SOLOMON ISLANDS: The Ministry of Women, Youth, Children and Family Affairs, supported by UN Women, under the Essential Services programme, led a week-long consultation from 19–23 November in the Western province of Gizo, on the first official draft of the Solomon Islands Counselling Framework for Domestic Violence (required by the Family Protection Act) and the roll-out of SAFENET. The Framework will regulate domestic violence-related services to protect the public by allowing access to high-quality gender-based violence counselling. A formalized SAFENET system around the country will enable survivors to access timely, survivor-centred, and coordinated multisectoral services... [Read more ►](#)



VANUATU: UN Women and the Markets for Change project partnered with Oxfam-Vanuatu to provide members of the Market Vendors Association with orange caps, aprons and t-shirts to wear over the course of the 16 Days of Activism in order to encourage questions and dialogue around ending violence against women. At the awareness campaign event organized at the Port Vila market, several speakers from the Australian High Commission, New Zealand High Commission, Silae Vanua Market Vendors Association, the Municipal Council of Vanuatu and the Department of Women’s Affairs also attended to speak out about the issue, under the refrain: “Yumi tok stret!” (Let’s speak plainly) about violence against women... [Read more ►](#)

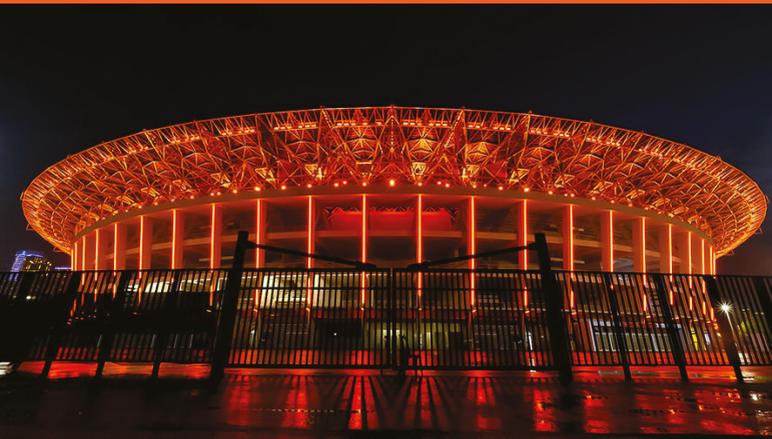


INDIA: The UN House in India went orange to mark the International Day for the Elimination of Violence against Women. UN Women organized a #HearMeToo conference in New Delhi, which included experience-sharing talks by motivational speakers and survivors who recounted personal experiences of violence to encourage the audience to stand by, and support, survivors of violence. Attracting more than 300 participants, the conference also featured the launch of ‘Lakeer’, a UN Women India-produced short video that follows a woman in rural India who experiences violence in different spaces, symbolically depicting her memories and the inter-generational cycle of violence. Meanwhile, the Indian Express released a six-episode #HearMeToo podcast series in support of UN Women, featuring interviews with survivors, activists and thematic experts... [Read more ►](#)



SRI LANKA: UN Women and other UN agencies in Sri Lanka gathered to commemorate the 16 Days of Activism, to raise staff awareness on gender-based violence, and to discuss how they can take a stand against the culture of violence, starting from within their own workplace. It was followed by a real-time survey to examine whether UN staff find their workplace safe and equal for all people. The iconic Colombo Town Hall was also lit in orange as Sri Lanka joined the quest to end violence against women and girls.... [Read more ►](#)





INDONESIA: Activities to mark the 16 Days of Activism included monologues, a performance by Indonesian musicians and actresses, and a series of talk shows on progress, gaps and recommendations for women’s equal access to justice, and marking 70 years of the Universal Declaration of Human Rights. To engage men and boys in ending violence, a “HeForShe: Stand Up for Equality, Justice and Human Dignity” event was organized in partnership with the ASEAN Secretariat and other partners. Indonesian celebrities and key opinion leaders collaborated with UN Women to produce a video in which they encourage people to take action to end violence against women, and stand in solidarity with survivors. In Jakarta, the Gelora Bung Karno stadium was also illuminated in orange... [Read more](#) ▶



JAPAN: To kick-off the 16 Days of Activism, the UN Women Japan Liaison Office and UNFPA Tokyo office held a film screening of “The Man Who Mends Women”, a documentary about 2018 Nobel Peace laureate Dr. Denis Mukwege, and organized a panel discussion on violence against women in Japan, attended by some 142 participants. Meanwhile, the Tokyo Dome, Bunkyo Civic Centre and five universities in Japan observed the 16 Days of Activism by lighting their buildings in orange, distributing materials to promote eliminating violence against women and displaying posters. The HeForShe club in Nagoya University held a film-screening event for “Japan’s Secret Shame”, a documentary about survivors of sexual violence, as well as a seminar as well as a seminar on prevention of sexual harassment... [Read more](#) ▶



LAO PDR: Laos celebrated the 16 Days of Activism widely, in partnership with the government, UN agencies and international development partners. More than 700 youth participated in a national commemoration, organized by UN Women and the National Commission for the Advancement of Women, Mothers and Children. To reach out to the rural population, UN Women, in collaboration with UNDP and the Embassy of the Philippines, disseminated knowledge and information through community radios in three provinces. In partnership with the Lao Women’s Union, 16 journalists from 16 different media outlets learned how they can be more sensitive when producing and reporting news about violence against women. The EU Building in Vientiane was also lit in orange... [Read more](#) ▶



MYANMAR: UN Women Myanmar and the Yangon City Development Committee launched the 16 Days of Activism against Gender-Based Violence campaign by lighting up Yangon City Hall, the iconic and central landmark. UN Women partnered with the Government, UN agencies and civil society organizations to hold high-level advocacy events, panel discussions, dance performances and educational quizzes in Yangon and Kachin state. More than 1,000 people took part in the events, the majority of whom came from internally displaced persons (IDP) camps in Kachin State’s Waingmaw and Myitkyina townships... [Read more](#) ▶



NEPAL: Provincial assembly buildings in all seven provinces of Nepal were lit in orange to commemorate the 16 Days of Activism. Interactive programmes were organized in all seven provinces with Assembly members, where participants discussed the current situation of gender-based violence in Nepal, its causes and consequences and the role of parliamentarians in preventing gender-based violence. In addition, UN Women Nepal called on the public to stand in solidarity with survivors of violence by reaching out with important advocacy messages through 16 community radio stations, using 16 infographic social media cards throughout the 16 days, and through a partnership with Tootle, a popular Kathmandu-based ride-sharing app... [Read more](#) ▶

PAKISTAN: Commemorating this year's 16 Days of Activism, UN Women's Executive Director Phumzile Mlambo-Ngcuka visited Pakistan from 5-7 December. In meetings with politicians, the private sector and community leaders, she called for continuous efforts to make gender equality central to all their work in ending violence against women. Mithi vowed to become a 'zero child marriage' village after community members took a pledge there and the Executive Director called upon the entire community to improve the lives of girls and young women by ending child marriage. Other activities in Pakistan included "Campus Talks" in universities, community theatre performances, solidarity walks and a Twitter chat entitled #BreakTheSilence to honour and amplify the voices of survivors... [Read more](#) ▶



PAPUA NEW GUINEA: UN Women launched a new song composed by Jobecca Watinga, a final-year accounting student at the University of Papua New Guinea. She wrote the song after attending one of Sanap Wantaim's campaign concerts, which promoted Port Moresby as a safe city for women and girls. Through this song, Jobecca wants to raise awareness on ending violence against women and girls and making our communities safer. UN Women also participated in two walks in different parts of Port Moresby, to make a call and to educate the public about how to identify and confront gender-based violence... [Read more](#) ▶



PHILIPPINES: UN Women and the Embassy of the Kingdom of Belgium, in collaboration with the Intramuros Administration, organized a cycling event to launch the 16 Days of Activism. The vibrant "pedal power" event echoed the UNiTE campaign's commitment to a world free from violence for all women and girls around the world. The bike rally sought to continue the journey towards ending violence and to strengthen it with even louder calls. As the final action of the event, the Palacio del Gobernador was illuminated in orange. UN Women helped launch the #DontTellMeHowToDress Exhibition with partners and the exhibition's founder, Thai model, actress and social activist Cindy Bishop, while supporting the #RespetoNaman (Respect!) National Campaign in different parts of the Philippines... [Read more](#) ▶



SINGAPORE: With the support of Twitter, the UN Women National Committee in Singapore organized a panel to highlight the need for communities to act, to support survivors of gender-based violence, as well as to listen to the voices of survivors... [Read more](#) ▶

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THAILAND: Over 70 women and men from the southern border Provinces of Thailand gathered to amplify their voices and reaffirm their commitment to end violence against women and girls during the 16 Days of Activism. During events organized by UN Women in collaboration with the Ministry of Social Development and Human Security and the Women's Civic Network for Peace, partners advocated for a shift in the mindsets of southern locals, who have long focused on conflict violence, to recognize other forms of violence, such as violence against women, which was freely addressed and discussed in open forums... [Read more](#) ▶





TIMOR-LESTE: At a UN Women organized “Hear Our Story—Actions for Change” event, 100 participants heard from female veterans and survivors through a solidarity march in Baucau. The event included workshops in secondary schools, a film night followed by a panel discussion, a guided tour of Baucau’s most important historic sites, and the opening of the Chega Mobile exhibition. The Embassy of Sweden, in close collaboration with UN Women and UNICEF, also brought the “Swedish Dads” photo exhibition to Timor Leste, coupled with a one-day workshop on “Good Parenting and Respectful Relationships.” Moreover, Timor-Leste’s first online Chatbot was launched to help survivors of sexual harassment in Public Administration to submit complaints following the launch of the Civil Service Guidelines to address sexual harassment in 2017... [Read more](#) ▶



VIET NAM: Near Hoan Kiem Lake, in Hanoi, Viet Nam, the “Dance for Kindness” featured more than 5,000 dancers performing a two-minute Freezemob paying tribute to victims and survivors of gender-based violence, followed by a Flashmob to kick-off the 16 Days of Activism. An exhibition showcasing photos and stories on ending violence against women and girls was opened to the public and a “Speak Up for Gender Equality” event offered 400 participants the opportunity to listen to 10 speakers. UN Women Viet Nam also created an open forum on gender issues for youth, people with disabilities and the LGBTQI+ community; organized breakfasts with male advocates making working environments safer for women and girls, arranged the ‘oranging’ of 26 buses and bus stations in Ham Nghi, and promoted a number of videos to raise public awareness on violence against women... [Read more](#) ▶



TONGA: The national launch of the Pacific Partnership to End Violence against Women and Girls (Pacific Partnership) in Tonga was held during the 16 Days of Activism. The partnership brings together governments, civil society organizations, communities and other partners to promote gender equality, prevent violence against women and girls, and increase access to quality response services for survivors. The national launch recognized Tonga as a priority in the new Pacific Partnership... [Read more](#) ▶



DIGITAL CAMPAIGN: The UN Women Regional Office for Asia and the Pacific, UN Women Thailand and J. Walter Thompson creative agency (WPP Marketing Communications) kicked off the #HearMeToo campaign in Thailand on 26 November with a digital campaign offering an interactive 360° immersive experience. The website urges visitors to find a solution to end domestic violence, putting a spotlight on women who have endured violence and found the courage to speak up. At least 20 key opinion leaders supported the campaign, which reached at least 1 million people online. More than 2,000 LCD screens on public transportation, as well as outdoor billboards across Thailand, also supported the campaign for the entire 16 days and until 31 December. Average daily ridership on the BTS skytrain is 657,909 people... [Read more](#) ▶



UN Women is the UN organization dedicated to gender equality and the empowerment of women. A global champion for women and girls, UN Women was established to accelerate progress on meeting their needs worldwide. Operating in 32 countries in Asia and the Pacific region, UN Women Regional Office for Asia and the Pacific focuses on ensuring gender equality and rights-based approach for ending violence against women, preventing violent extremism, women’s economic empowerment, gender in humanitarian action, and HIV/AIDS response that can unlock progress across the board.

- \$40** can print and distribute 10 manuals for teachers to prevent violence against women and girls in Armenia.
- \$100** can train 17 women’s rights activists to engage men and boys as change agents in the Middle East.
- \$1000** can train 70 police officers to offer better support to women survivors of violence in India.

DONATE NOW

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